

Today I feel...



Happy

Today I feel...

zzzz...



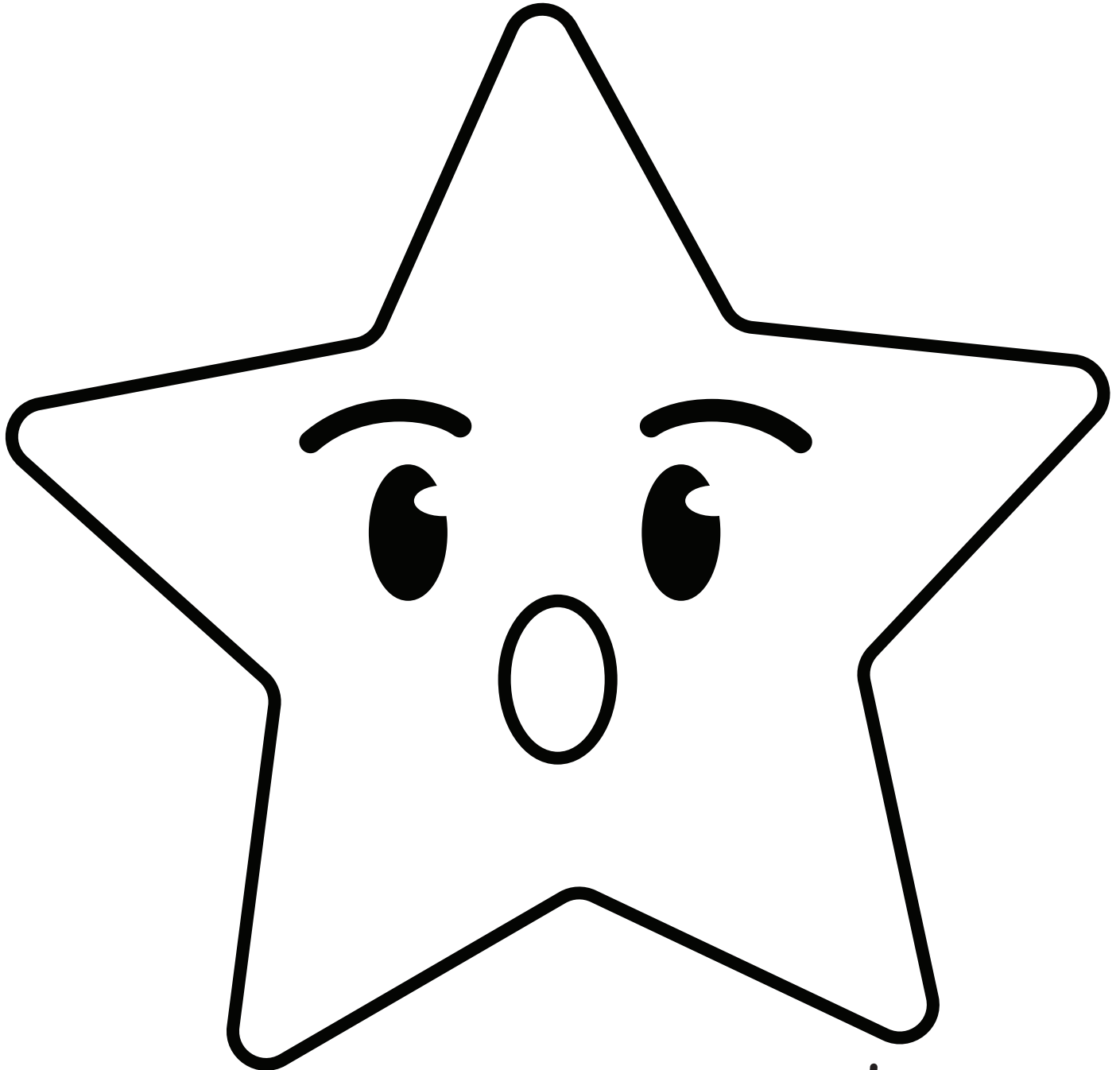
Sleepy

Today I feel...



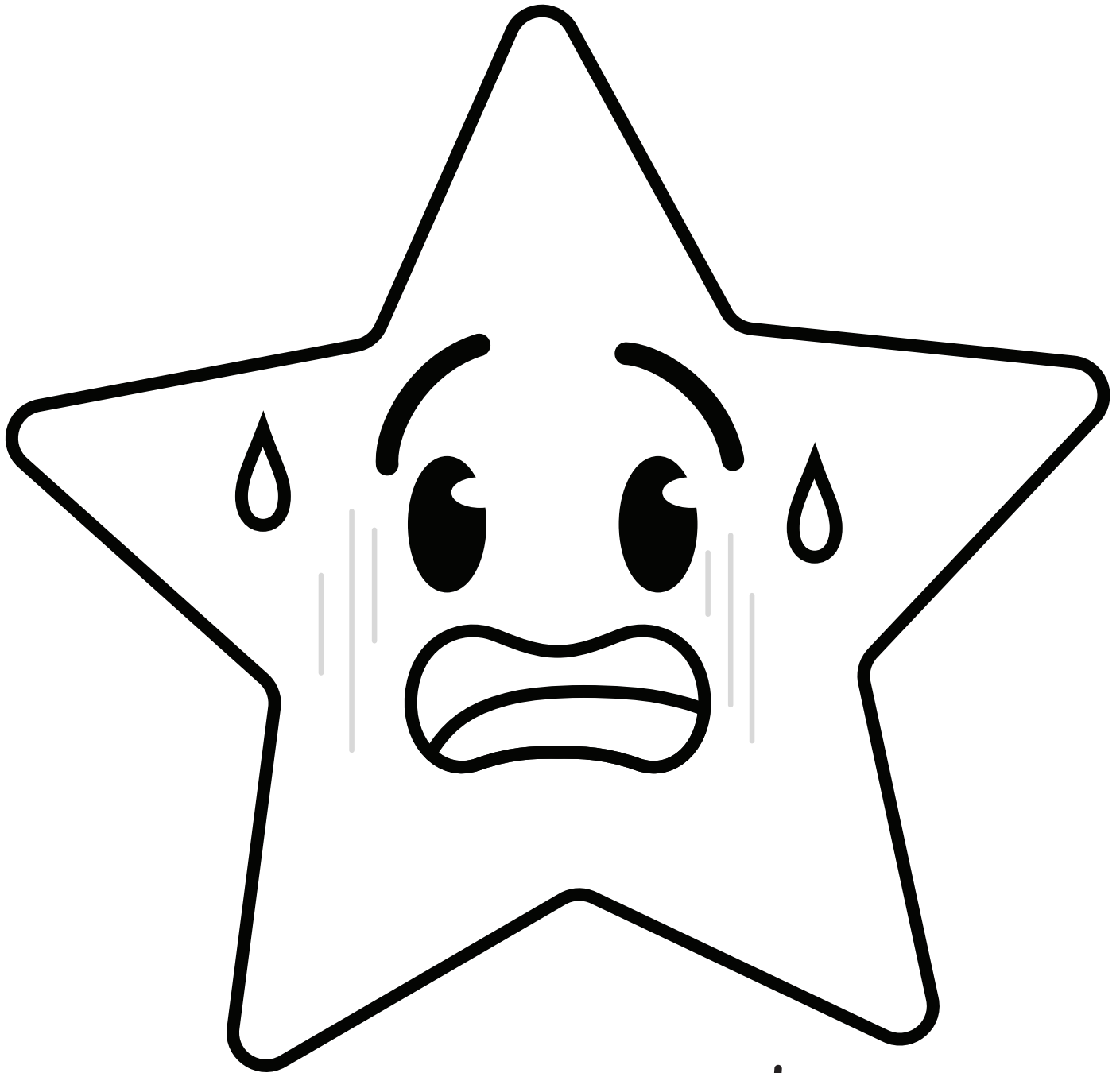
Afraid

Today I feel...



Surprised

Today I feel...



Scared

Today I feel...



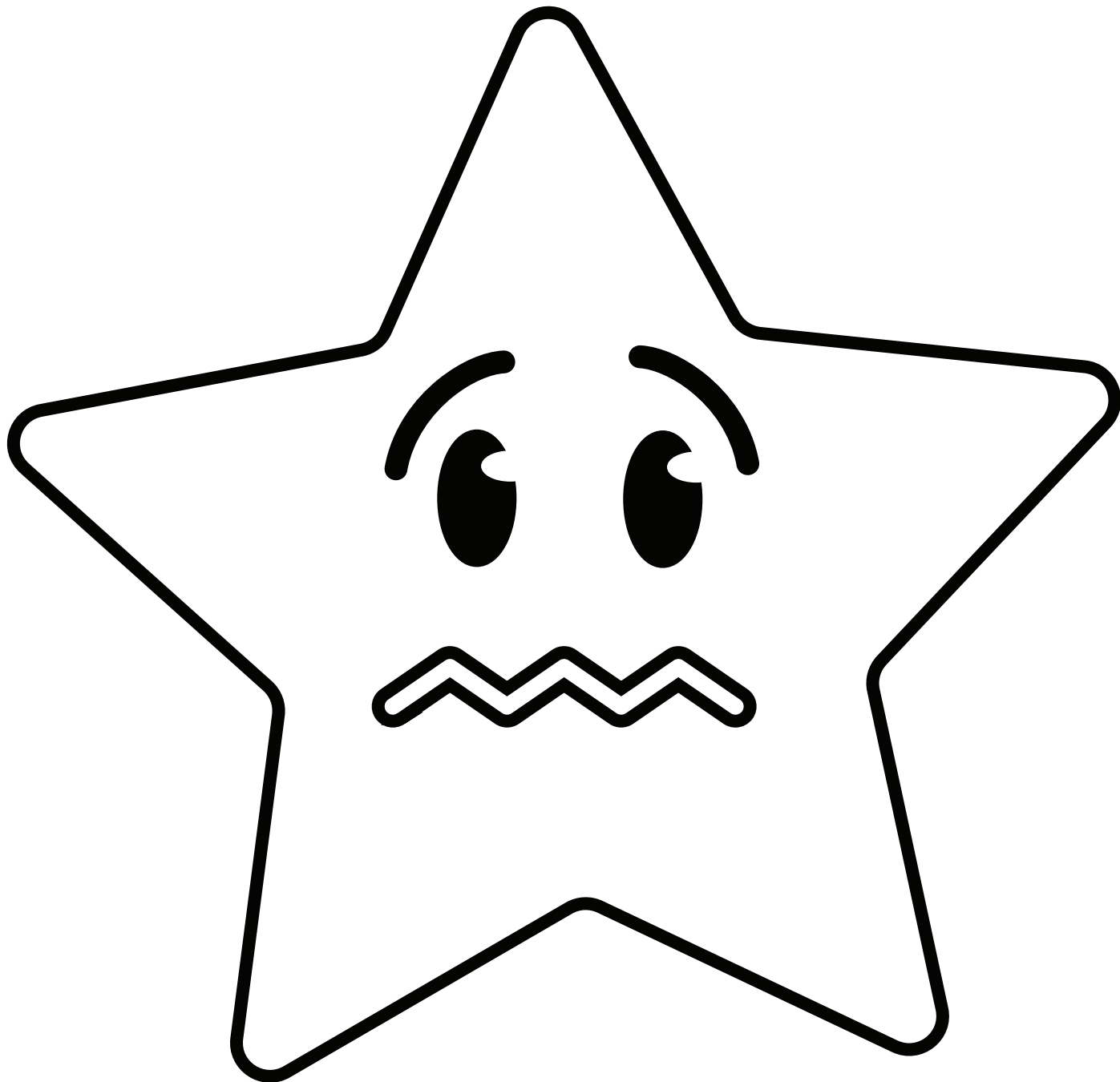
Angry

Today I feel...



Sad

Today I feel...



Nervous



Today I feel...



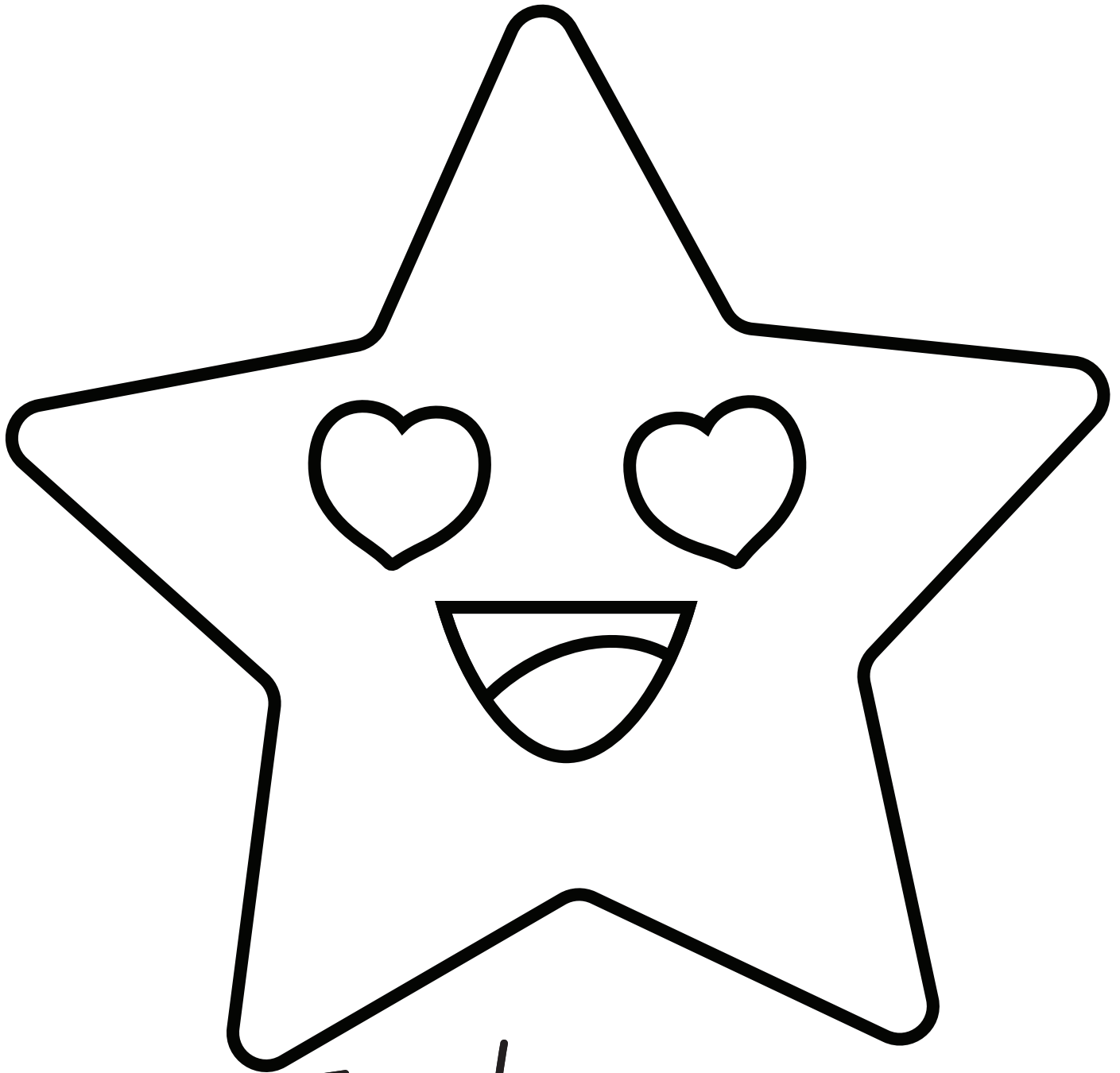
Tired

Today I feel...



Excited

Today I feel...



In love

Today I feel...



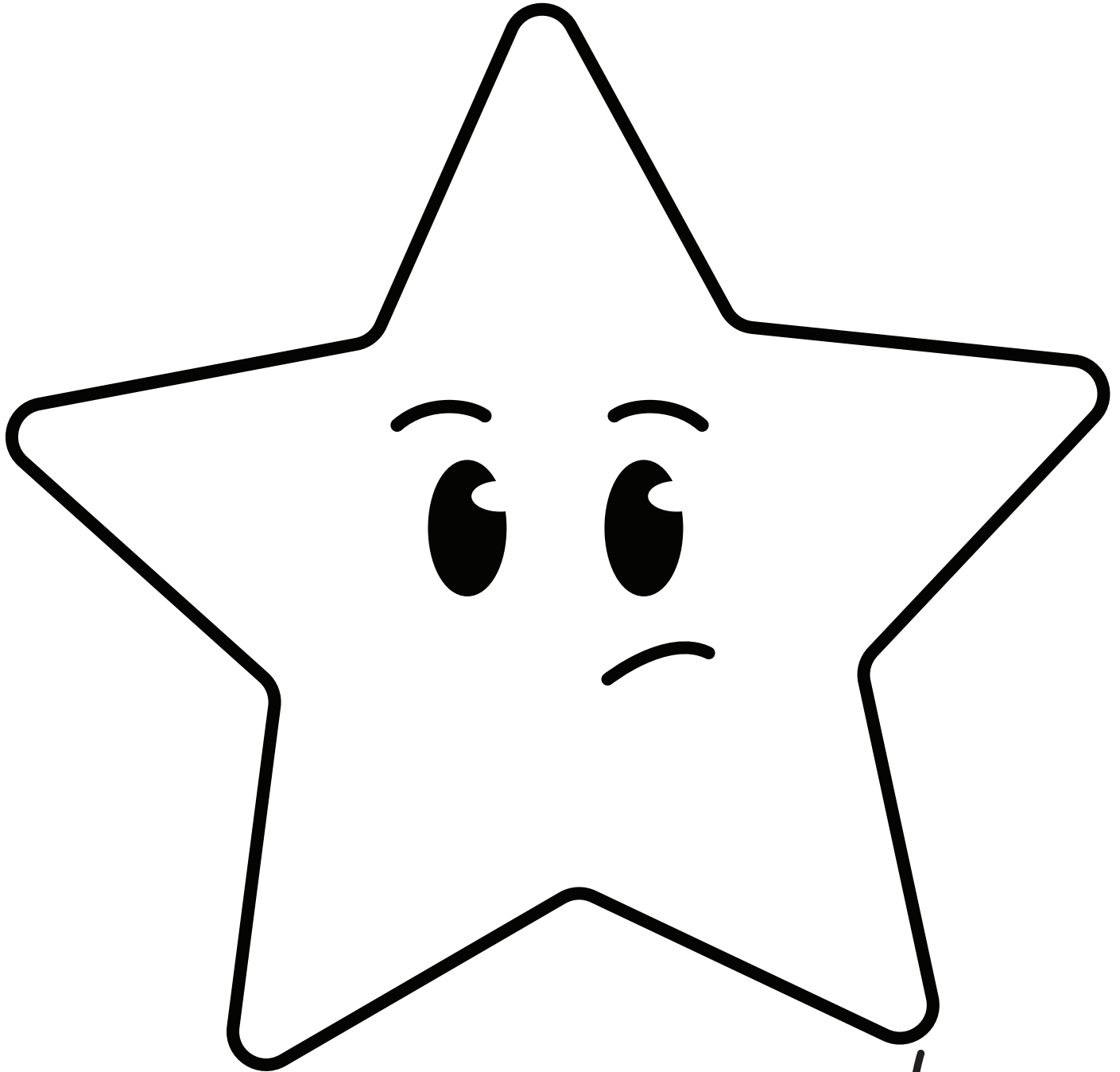
Bored

Today I feel...



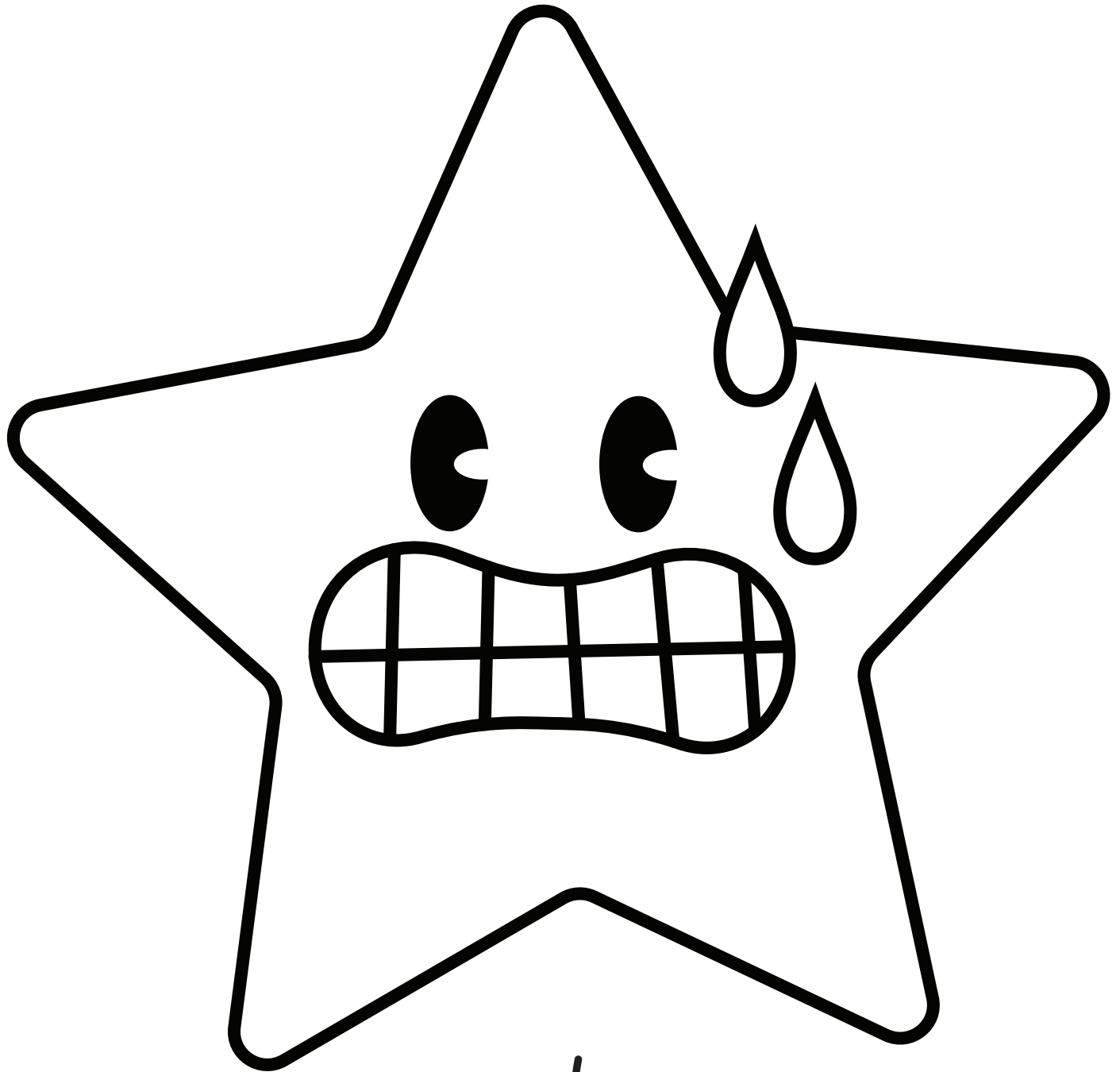
Meditative

Today I feel...



Indifferent

Today I feel...



Cold



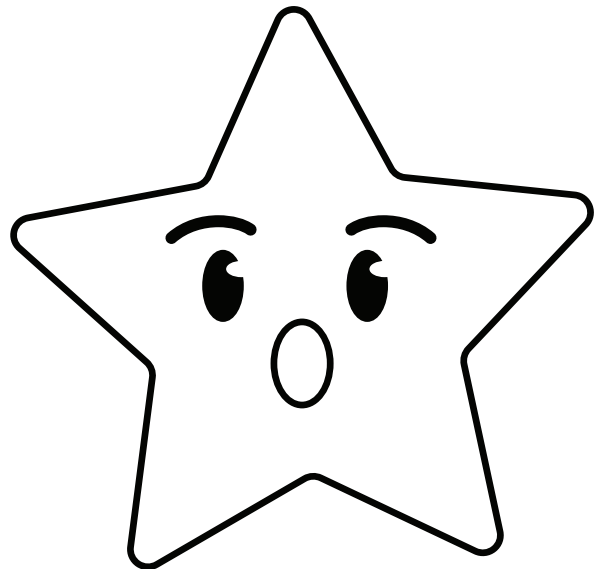
happy



sleepy

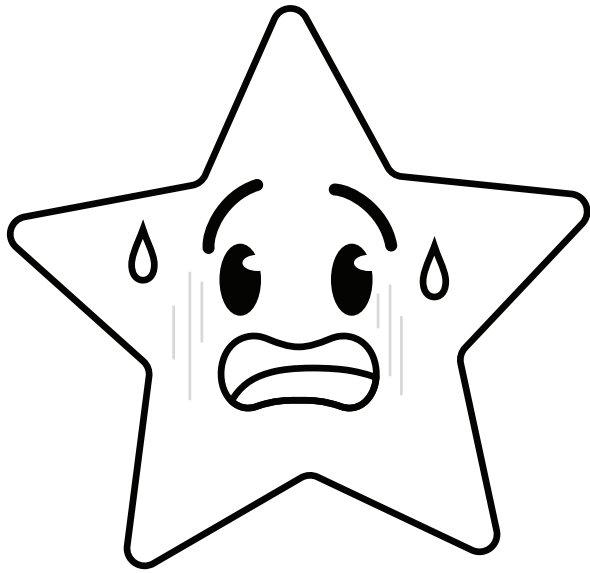


afraid

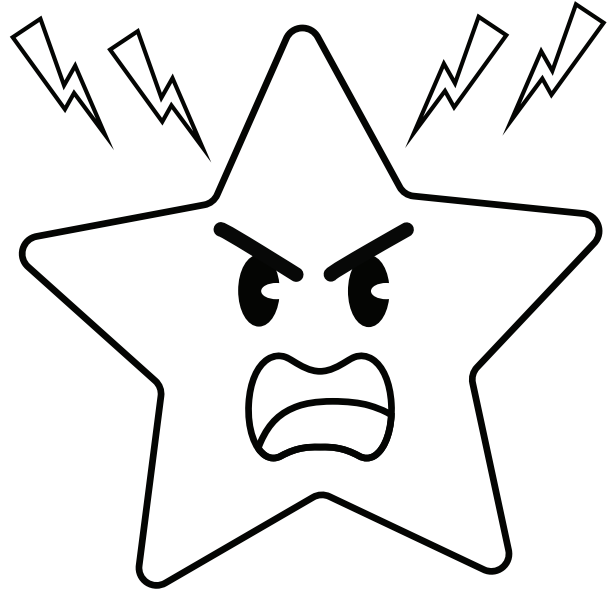


surprised





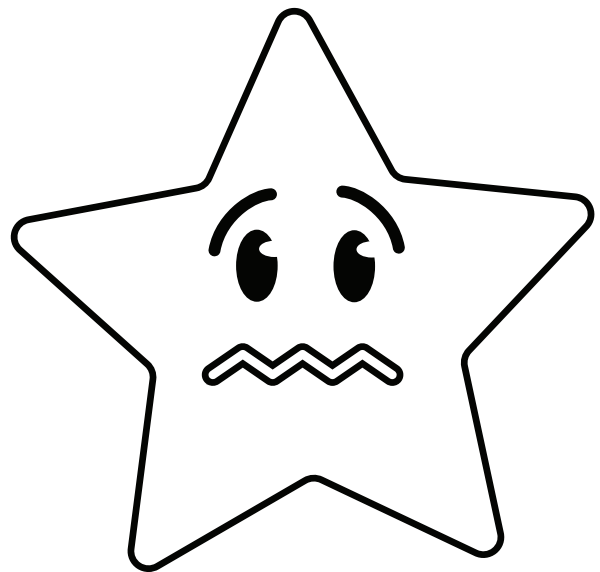
scared



angry



sad



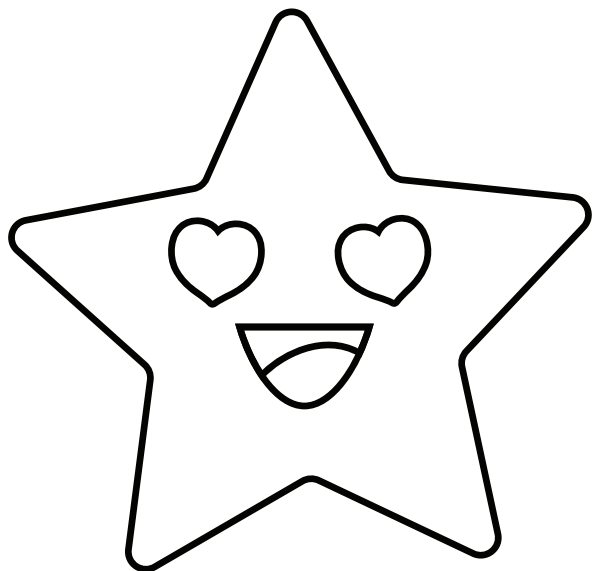
nervous



**tired**



**excited**



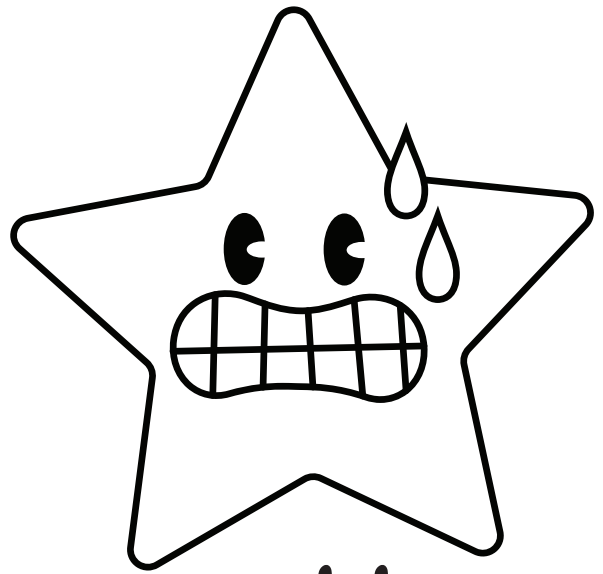
**in love**



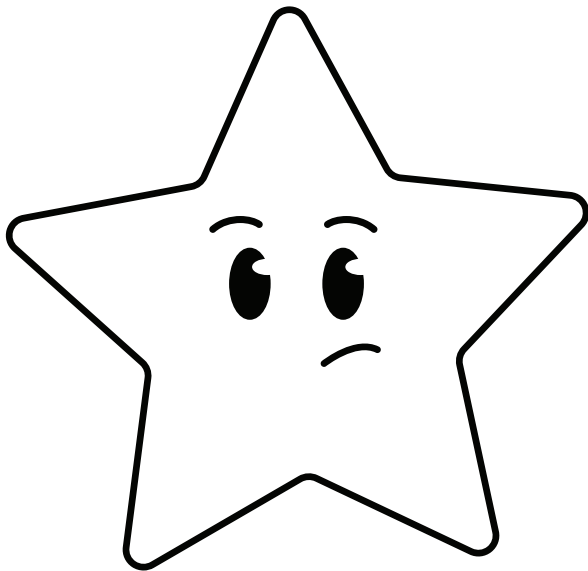
**bored**



**meditative**



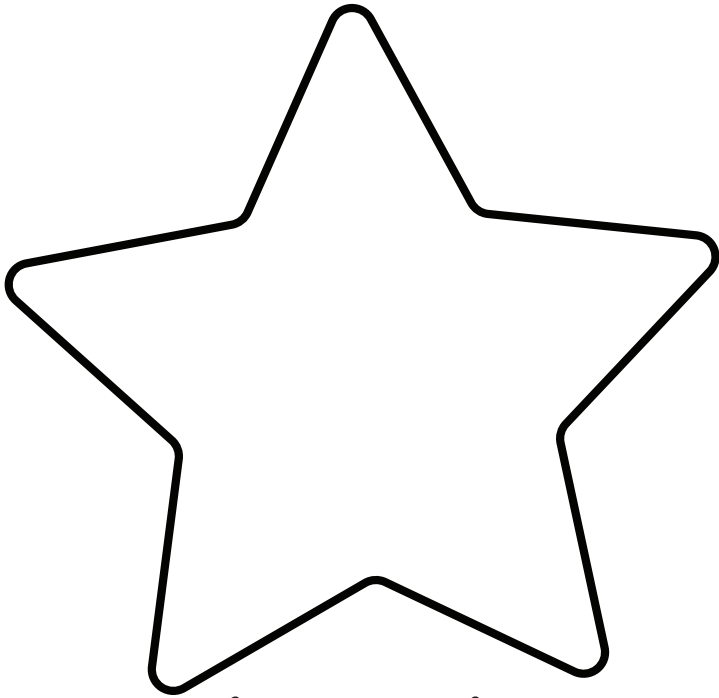
**cold**



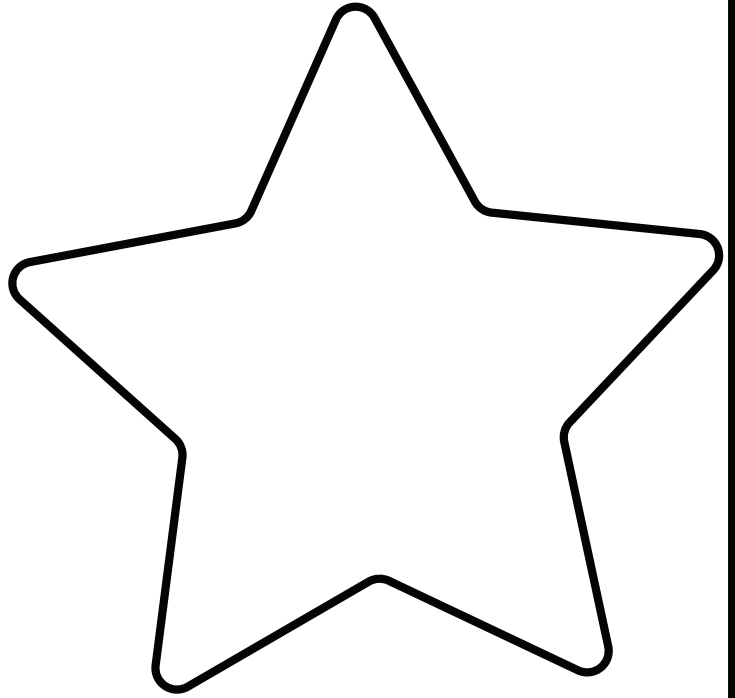
**Indifferent**

**how  
do you  
feel  
today**

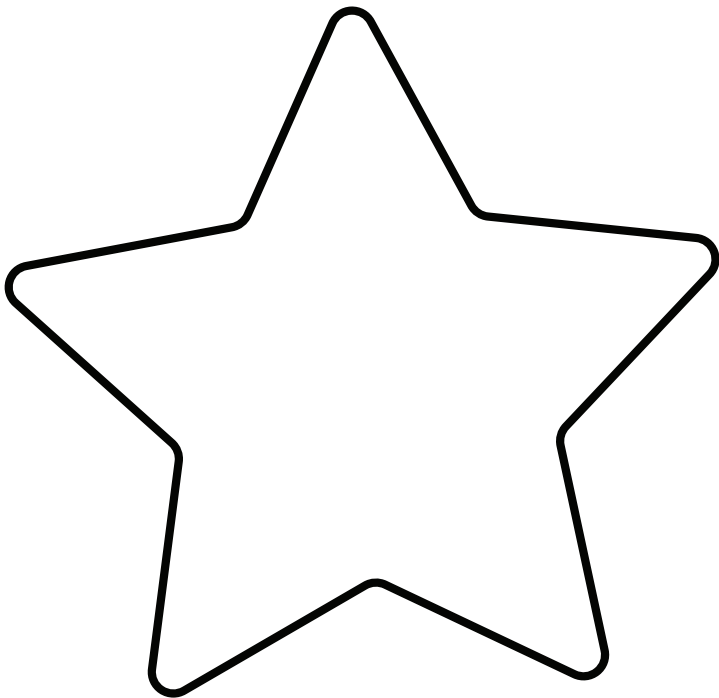
**draw a face to match the emotion**



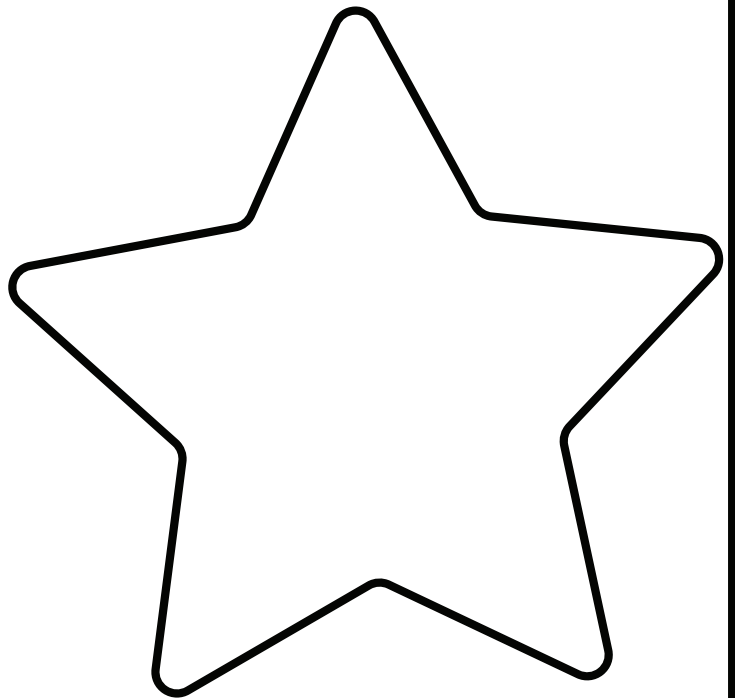
**bored**



**excited**

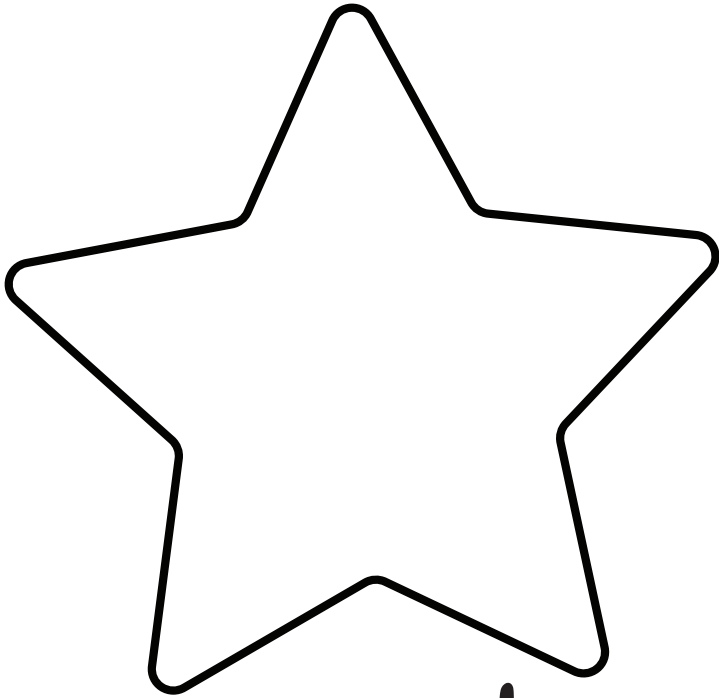


**angry**

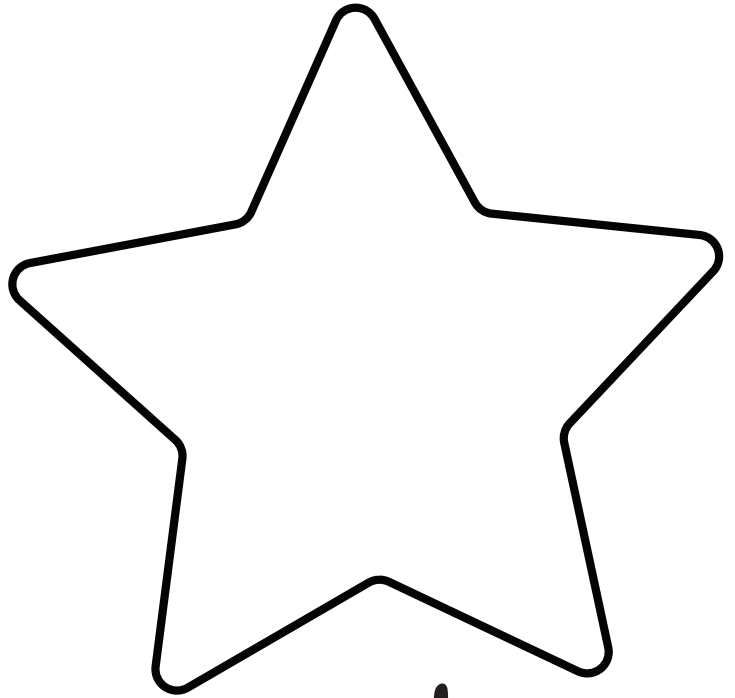


**in love**

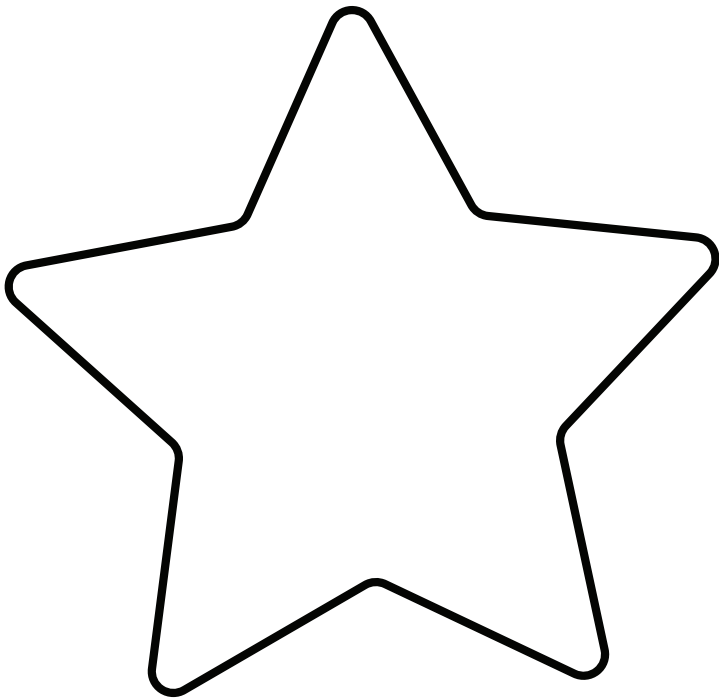
**draw a face to match the emotion**



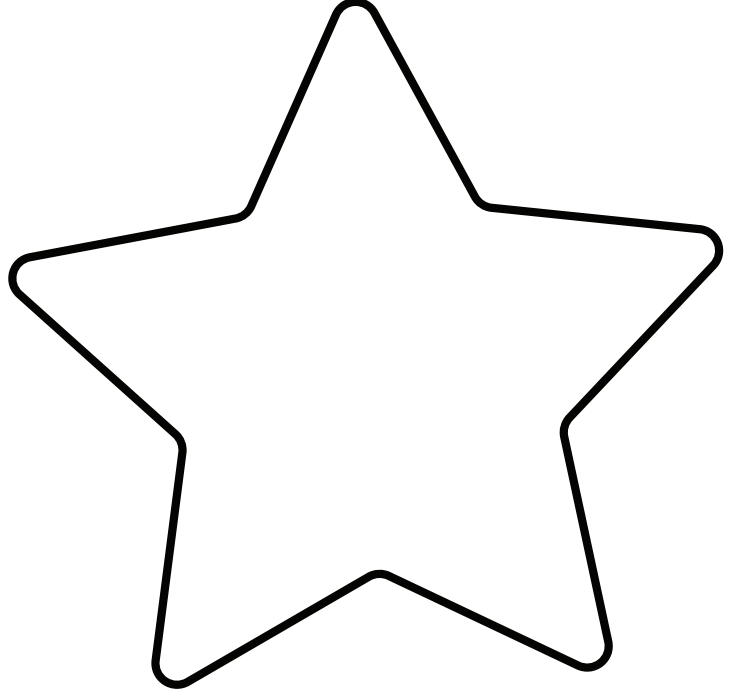
**scared**



**sad**

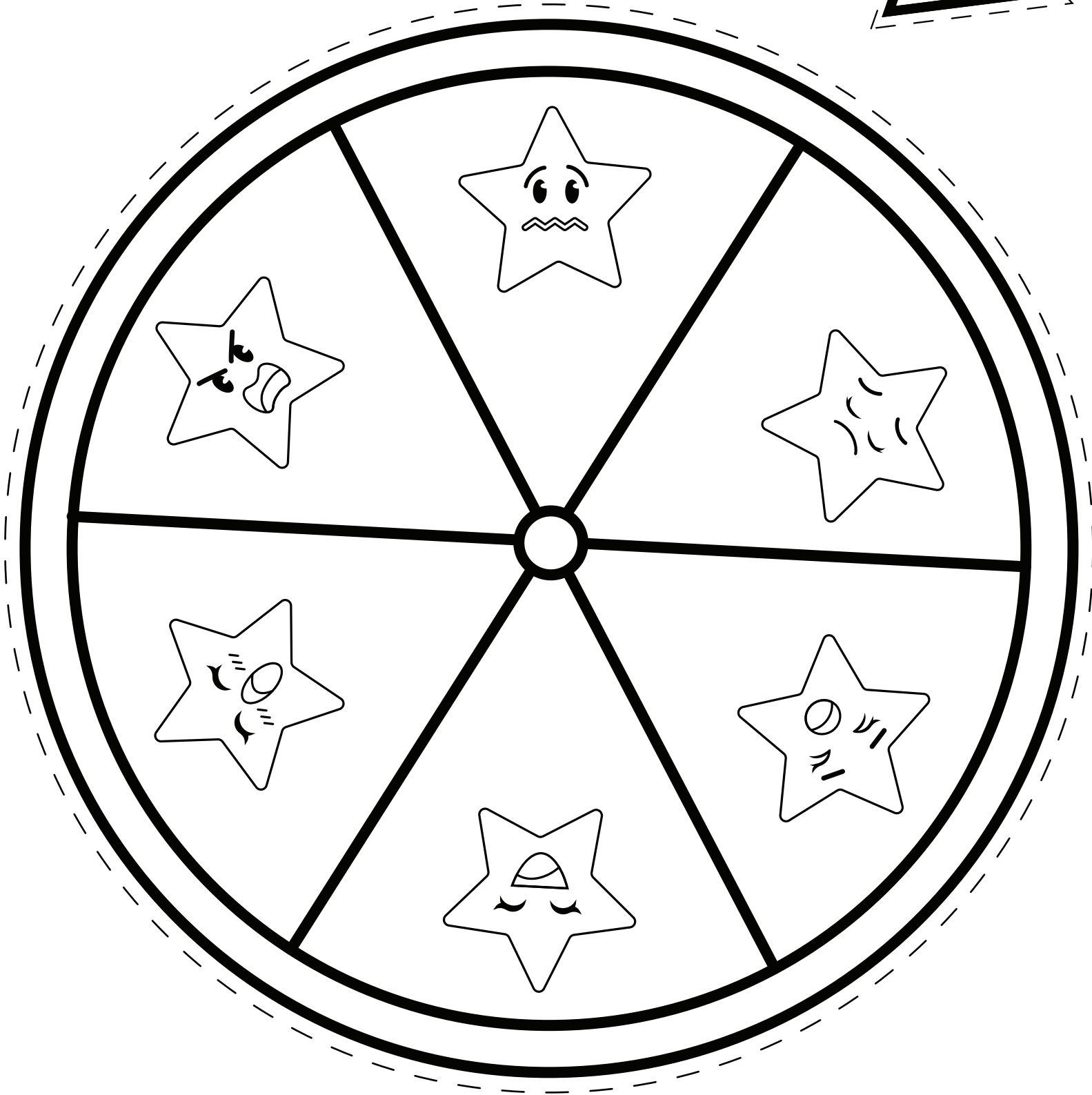


**happy**



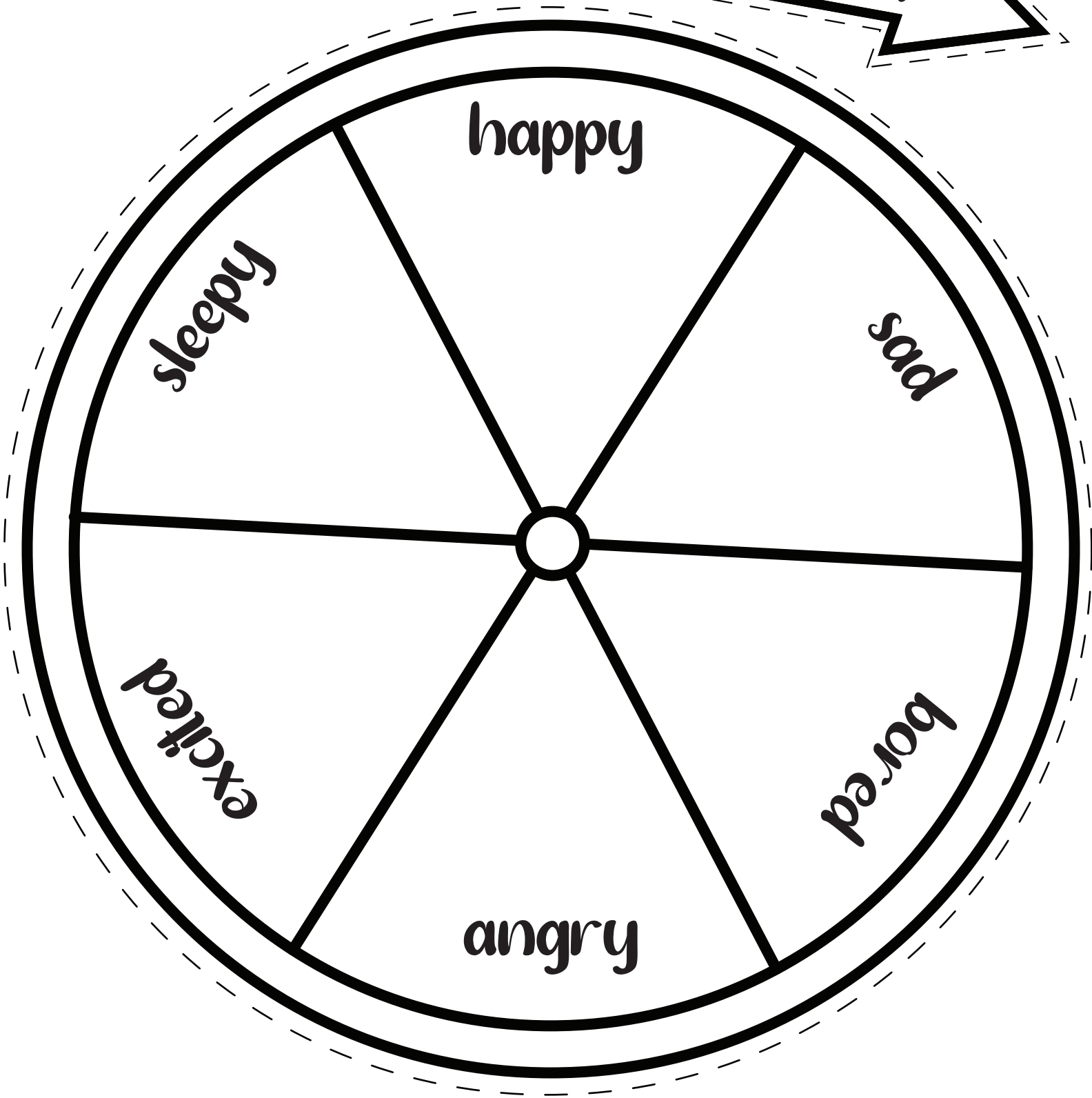
**afraid**

# emotions wheel



how to use emotions wheel  
carefully cut the elements  
use the wheel to discuss and denote emotions with child

# emotions wheel

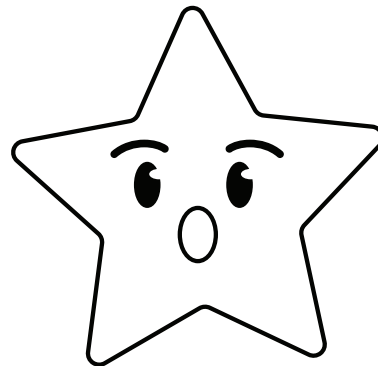
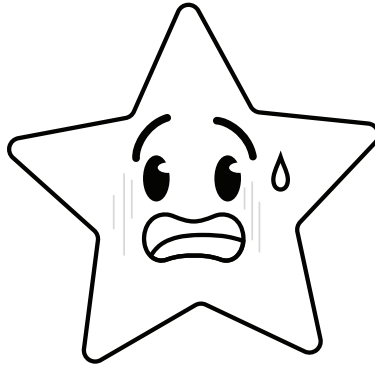


how to use emotions wheel  
carefully cut the elements  
use the wheel to discuss and denote emotions with child

name \_\_\_\_\_

date \_\_\_\_\_

match the emotion to the correct face expression



happy

sleepy

scared

afraid

surprised



name \_\_\_\_\_

date \_\_\_\_\_

# color the feelings

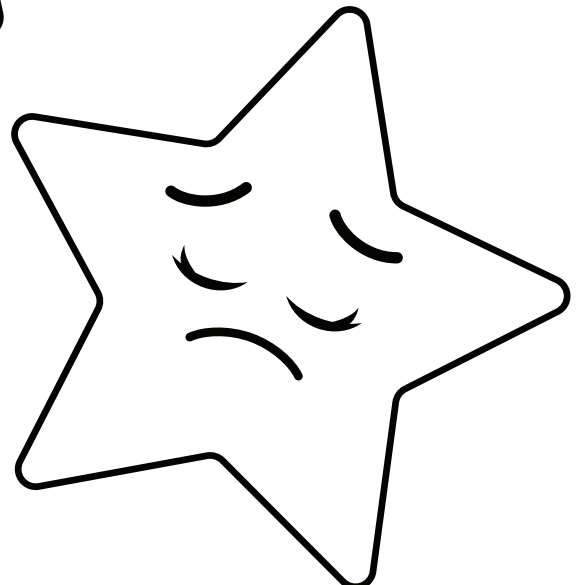
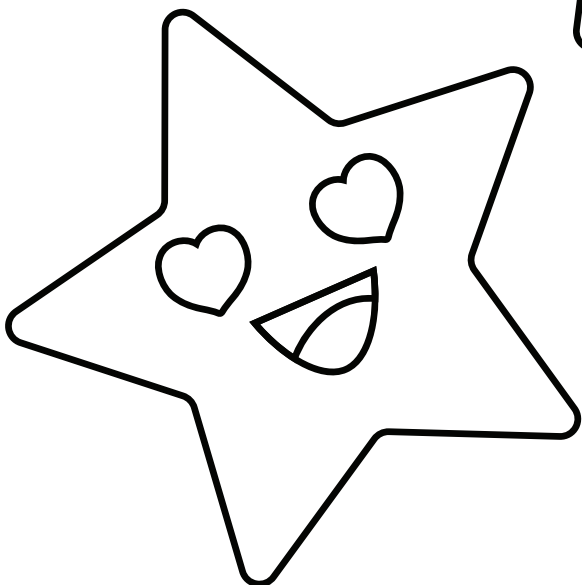
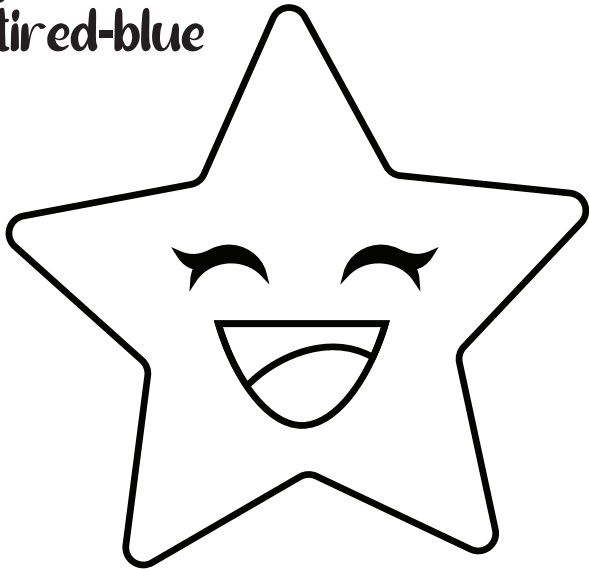
yellow-happy

bored-purple

sad-gray

pink-in love

tired-blue



name \_\_\_\_\_

date \_\_\_\_\_

# feelings wordsearch

E	Y	S	D	P	D	S	B	H	I	S	A	R	A
Y	S	E	A	B	I	I	U	A	N	O	S	P	R
A	Y	S	O	I	A	P	R	P	E	A	I	A	S
R	V	R	E	R	R	R	E	P	R	G	G	Y	S
N	E	T	R	A	F	L	E	Y	V	P	A	R	C
D	U	S	C	N	A	S	X	P	O	O	N	L	A
P	S	P	R	G	S	X	C	T	U	A	A	E	R
I	D	S	Y	R	A	R	I	L	S	T	P	Y	E
D	R	N	A	Y	D	R	T	T	Y	E	T	R	D
C	D	U	A	E	Y	P	E	E	L	S	R	D	O
O	E	G	D	L	P	I	D	R	X	D	N	H	S
L	R	D	D	E	S	I	R	P	R	U	S	O	C
D	I	R	E	Y	S	D	V	P	E	P	R	A	T
I	T	S	T	S	D	R	E	A	R	A	D	S	E

AFRAID  
SURPRISED  
SCARED  
TIRED  
EXCITED  
COLD  
HAPPY  
NERVOUS  
BORED  
SLEEPY  
ANGRY

# TRACING ACTIVITIES

Happy

Happy

Happy

Happy

Happy

Happy

# TRACING ACTIVITIES

Sleepy

Sleepy

Sleepy

Sleepy

Sleepy

Sleepy

# TRACING ACTIVITIES

Afraid

Afraid

Afraid

Afraid

Afraid

Afraid

# TRACING ACTIVITIES

Surprised

Surprised

Surprised

Surprised

Surprised

Surprised

# TRACING ACTIVITIES

Scared

Scared

Scared

Scared

Scared

Scared

# TRACING ACTIVITIES

Angry

Angry

Angry

Angry

Angry

Angry



# TRACING ACTIVITIES

Happy

Happy

Happy

Happy

Happy

Happy

# TRACING ACTIVITIES

Sad

Sad

Sad

Sad

Sad

Sad

# TRACING ACTIVITIES

Nervous

Nervous

Nervous

Nervous

Nervous

Nervous

# TRACING ACTIVITIES

Tired

Tired

Tired

Tired

Tired

Tired

# TRACING ACTIVITIES

Excited

Excited

Excited

Excited

Excited

Excited

# TRACING ACITIVITIES

In love

In love

In love

In love

In love

In love

# TRACING ACTIVITIES

Bored

Bored

Bored

Bored

Bored

Bored

# TRACING ACTIVITIES

Meditative

Meditative

Meditative

Meditative

Meditative

Meditative



# TRACING ACTIVITIES

Cold

Cold

Cold

Cold

Cold

Cold

# TRACING ACTIVITIES

Indifferent

Indifferent

Indifferent

Indifferent

Indifferent

Indifferent

name \_\_\_\_\_

date \_\_\_\_\_

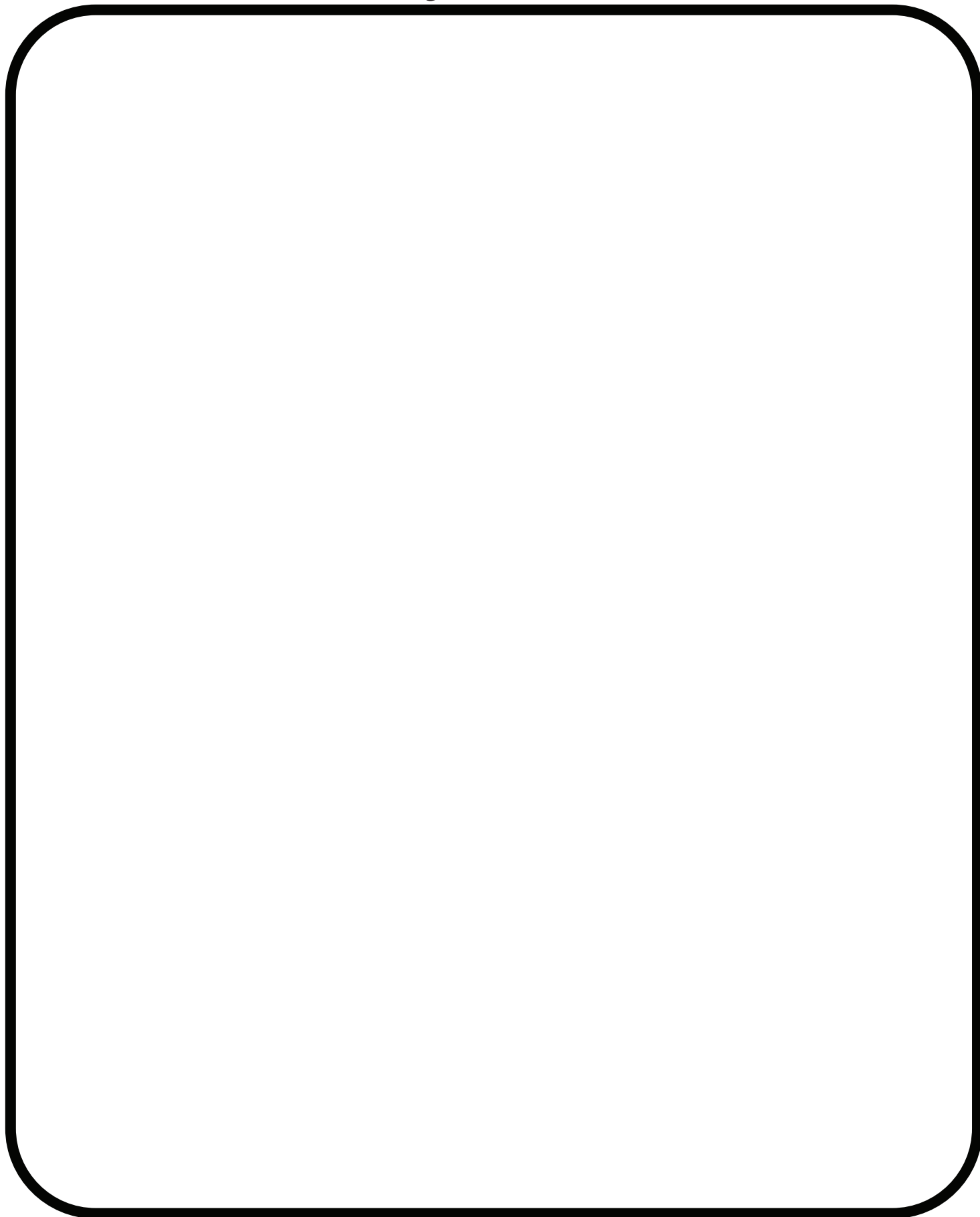
draw what makes you feel happy

A large, empty rectangular box with rounded corners and a thick black border, intended for drawing. The box occupies the majority of the page below the text prompt.

name \_\_\_\_\_

date \_\_\_\_\_

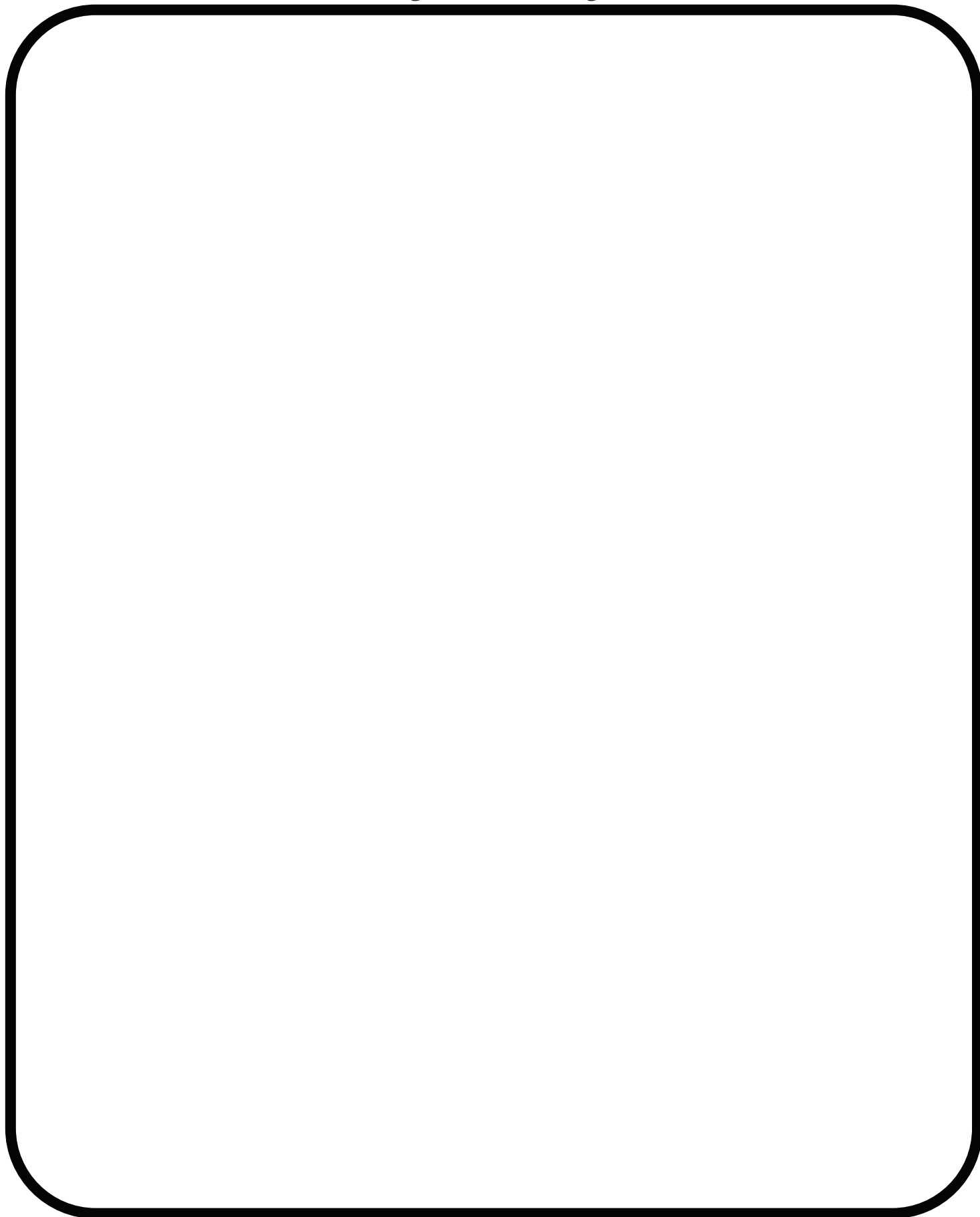
draw what makes you feel sad

A large, empty rectangular box with rounded corners and a thick black border, intended for drawing. The box occupies the majority of the page below the text prompt.

name \_\_\_\_\_

date \_\_\_\_\_

**draw what makes you feel good**

A large, empty rectangular box with rounded corners and a thick black border, intended for drawing. The box occupies the majority of the page below the text prompt.